

Shamrock Shuffle 5K Trail Run
 Results by The Appalachian Timing Group - APTiming.com
 03/20/21 | Nitro, WV - Ridenour Lake
 Weather: 42 Degrees and Sunny - Wind South @ 2MPH

***** AWARDS LIST *****

***** OVERALL Female RESULTS *****					
Place	Name	Ag	S	Ag No.	Time
=====	=====	==	=	=====	=====
1	Bethany Porter	42	F	42 614	38:13.5
2	Michele Monn	33	F	33 609	39:02.1
3	Kim Hundley	45	F	45 603	42:36.0

***** OVERALL Male RESULTS *****					
Place	Name	Ag	S	Ag No.	Time
=====	=====	==	=	=====	=====
1	Michael Louk	42	M	42 606	29:18.2
2	Thomas Stull	62	M	62 619	33:42.5
3	Robert Hensley	56	M	56 585	33:59.7

MALE Age Group 1 - 19					
Place	O'All	Name	Ag	S	Ag No. Time
=====	=====	=====	==	=	=====
1	8	Jackson Eary	9	M	583 39:46.8
2	9	Nash Porter	12	M	615 40:47.5

FEMALE Age Group 20 - 29					
Place	O'All	Name	Ag	S	Ag No. Time
=====	=====	=====	==	=	=====
1	22	Megan Thaxton	29	F	621 1:14:38.4

MALE Age Group 20 - 29					
Place	O'All	Name	Ag	S	Ag No. Time
=====	=====	=====	==	=	=====
1	5	Parker Monn	29	M	610 37:24.2

FEMALE Age Group 30 - 39					
Place	O'All	Name	Ag	S	Ag No. Time
=====	=====	=====	==	=	=====
1	12	Shawna Mielecki	33	F	608 42:52.3

FEMALE Age Group 40 - 49					
Place	O'All	Name	Ag	S	Ag No. Time
=====	=====	=====	==	=	=====
1	14	Laura Moon	48	F	611 45:02.7
2	19	Teresa Robinson	49	F	617 58:25.3

			MALE	Age	Group	40 - 49
Place	O'All	Name	Ag	S	No.	Time
=====	=====	=====	==	=	=====	=====
1	4	Jason Lambert	45	M	604	34:31.7
2	17	Tim Dorsey	45	M	581	52:52.3

			FEMALE	Age	Group	50 - 59
Place	O'All	Name	Ag	S	No.	Time
=====	=====	=====	==	=	=====	=====
1	13	Kim Sykes	59	F	620	44:56.1
2	15	Roxanne Clay	50	F	580	48:01.5

			MALE	Age	Group	50 - 59
Place	O'All	Name	Ag	S	No.	Time
=====	=====	=====	==	=	=====	=====
1	10	Charles Waselchalk	51	M	624	41:52.3
2	18	Chuck Clay	53	M	579	58:14.8

			FEMALE	Age	Group	60 - 98
Place	O'All	Name	Ag	S	No.	Time
=====	=====	=====	==	=	=====	=====
1	16	Barbara Myers	65	F	613	52:50.3
2	23	Karen Skeen	61	F	618	1:15:00.0

			MALE	Age	Group	60 - 98
Place	O'All	Name	Ag	S	No.	Time
=====	=====	=====	==	=	=====	=====
1	25	Steve Hewitt	66	M	586	1:27:56.5